



## FOA - CFOS/L

Certified Fibre Optic Specialist in  
Optical LAN

FOA CFOS/L is a specialist certification  
covering Optical LAN cabling design  
and installation.

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Certified Fibre Optic Specialist - Optical LAN

## COURSE CONTENT

This is a specialist certification covering Optical LAN (OLAN) cabling design and installation, including P2P and PON.

### Introduction to Optical LAN

- Centralised Fibre
- Network Topologies
- History of LAN

### Design and Installation

- Cables and Connections
- Splices
- Hardware
- Design Process and Troubleshooting
- Loss Budgets

### Point-to-Point and PON

- Types of PON's
- System Specifications
- Splitters

### OLAN Testing

- ILM
- OTDR
- Testing Issues
- Standards