

FOA-CFOT

Certified Fibre Optic Technician



FOA CFOT certification is based on an extensive knowledge of fibre optics technology and application as well as demonstrated skills in appropriate tasks. Most CFOTs work in the industry as contractors or installers. Consultants, network designers, estimators and trainers would also be expected to have such credentials.

However, the CFOT certification has been structured as a general technology certification, not aligned to any specific job function. It is used by all installers, both outside plant and premises installers, two very different applications, plus component manufacturing technicians, network managers, network designers, etc.

Duration: 5 Days

Introduction to Fibre Optics		
Introduction	Health & Safety	
Fibre Optic Terms	 Personal safety 	
Metric System	Material disposal	
Fibre optic Communication systems	Standards and regulations	
Installation		
Fibre Types	Cable Types	Connectors
Multi/Single mode for internal installations	Cable types, use and construction	Connectors basics and types
Type of optical fibre	Loose Tube, & Tight Buffered	Termination processes
Attenuation		
• Dispersion		
Optical Splitters & Couplers	Splicing	Installation & Planning Considerations
WDM, DWDM & CWDM	Splicing processes	 Loss budgets
	Trouble shooting	Choosing components
	Splicing parameters	 Documentation
Testing		
Test Equipment and Correct Procedures	Understanding OTDR features and	Test Leads, Launch & Tail Leads
Using the VLS	principles	OTDR Trace Analysis & Bi-Directional
Setting up ILM Kit and referencing	Event types i.e. Reflective and Non- Reflective	trace interpretation
Light Source & Power Meter (ILM) Testing		OTDR capability and limitation explained

Note: Those sitting this course combined with the City & Guilds 3667-02 units 2 & 3, will not need to repeat common elements.

Macro & Micro Bending explained

Correct Fault Locating Principles

Exam and Assessment Method

FOA Multiple Choice Assessment

• Multiple choice exam (100 Questions).

Understanding all Test equipment

Main Training Centre

Use

Fibreplus Ltd. F1 Avonside Enterprise Park, Melksham, Wiltshire. SN12 8BT

Workshop with Practical test equipment

ISO 9001
REGISTERED FIRM
plus Ltd. Registration No. GB18516